

Avera

Caring Professionals Conference: Nurturing the Caregiver

Wednesday, May 15, 2019 • 8:30 a.m. – 4 p.m.

Sioux Falls Convention Center
1201 N. West Ave., Sioux Falls, SD

Conference Agenda

8 – 8:30 a.m. Registration, Breakfast & Vendor Fair

8:30 – 8:45 a.m. Welcome and Opening Prayer

Bob Sutton, CEO & President, Avera

8:45 – 9:45 a.m. From Burnout to Balance

Alli Worthington

Author, Speaker, and Business Coach

9:45 – 10:15 a.m. Break and Vendor Fair

10:15 – 11:00 a.m. Education Session 1 (Choose 1)

Mindful Movement for You

Jeff Nelson, E-RYT, Mindful Movement and Meditation Instructor, Mindbraking Founder

Music as Medicine

Mark VandeBraak, PhD, FT, MT-BC, Thanatologist and Music Therapist, Avera Behavioral Health

Trauma Informed Care

Erik Anderson, CSW-PIP and Nikki Eining, CSW-PIP, Avera Behavioral Health

Managing Difficult Conversations

Marla Dziedzic, MBA, Director of Staff Development, Avera

Pet Therapy

Mary Jo Jaqua, PhD & 'Spirit' the Therapy Dog and Johanna Simpson, MSW, CSW-PIP, QMHP & 'George' the Therapy Dog, Therapy Dog International

11:15 a.m. – 12:15 p.m. Diversity and Inclusion Discussion Panel

Moderator: *Mary Hill, BSN, MA, JD, Executive Vice President of Mission, Avera*; **Panelists:** *J.R. LaPlante, JD, Director of Tribal Relations, Avera, Jawad Nazir, MD, Avera Medical Group Infectious Disease Specialists, Debra Worth, Resettlement Supervisor, Lutheran Social Services*

12:15 – 1:15 p.m. Prayer, Lunch and Vendor Fair

1:15 – 2:00 p.m. Education Session 2 (Choose 1)

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2:00 – 2:15 p.m. Dessert Break

2:15 – 3:15 p.m. Living with Faith Over Fear

Alli Worthington

Author, Speaker, and Business Coach

3:15 – 3:45 a.m. Diversity and Inclusion Patient Story

Sr. Joanna Bruno, AAMA and Robyn Niewenhuis, MSW, Avera Downtown Clinic

3:45 – 4 p.m. Prayer and Closing